



Anise Hyssop
Agastache foeniculum

Height: 3 feet

Spread: 32 inches

Sunlight: ☉ ● ●

Hardiness Zone: 2a

Other Names: Giant Hyssop, Licorice Mint

Description:

Bright violet-blue spikes of edible flowers rise above anise scented foliage. Leaves may be used for teas and crafts. Very attractive to pollinators and butterflies.

Edible Qualities

Anise Hyssop is a perennial herb that is commonly grown for its edible qualities. It produces which can be harvested at any point. They have a sweet taste.

They are most often used in the following ways:

- Fresh Eating
- Baking
- Drying
- Tea

Features & Attributes

Anise Hyssop has masses of beautiful spikes of lightly-scented lavender flowers rising above the foliage from mid summer to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive fragrant pointy leaves remain dark green in color throughout the season.

This is an herbaceous perennial herb with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition. This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding



Anise Hyssop flowers
Photo courtesy of NetPS Plant Finder



Aside from its primary use as an edible, Anise Hyssop is suitable for the following landscape applications;

- Mass Planting
- General Garden Use
- Herb Gardens
- Container Planting

Planting & Growing

Anise Hyssop will grow to be about 32 inches tall at maturity, with a spread of 32 inches. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 6 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant is typically grown in a designated herb garden. It performs well in both full sun and full shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil type, but has a definite preference for alkaline soils. It is somewhat tolerant of urban pollution. This species is native to parts of North America. It can be propagated by division.

Anise Hyssop is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.